



SCIENTIFIC
EXPLORATION
SOCIETY

March 2024

Dear Members and Friends

It was wonderful to see so many of you at our second talk of the 2024 SES Explorer Series and we hope you enjoyed hearing all about The Last Overland from Alex Bescoby as much as we did. Please do come along to a talk soon, they're relaxed and fun and everyone is welcome.

In this newsletter, I am thrilled to share details of our next talk, a brilliant and enlightening expedition report from one of our Explorers, our fantastic London marathon team, a new Awesome Women card game featuring two of our Advisory Board members, news from Raleigh International, and Annual General Meeting information for members.

SES EXPLORER SERIES

Deon Barrett - True North project



7pm, Wednesday 27 March, The Park Tower Hotel (Knightsbridge)

Deon Barrett is a motivational speaker, explorer, and founder of the [True North project](#).

In his talk, Deon will explore the True North project and his official Youth Initiative campaign dedicated to engaging with the Department of Education and key governing bodies in prioritizing the integration of outdoor education into the national curriculum.

JOIN US as Deon uncovers the transformative potential of outdoor education and its significance in shaping the future of learning and personal growth.

[BOOK YOUR TICKETS NOW](#)



SES Explorer Series powered by Optimist Performance

Founded in 2014 by Ollie Phillips, Optimist Performance is dedicated to helping individuals, teams, and organisations achieve their full potential. Their team of high-performance coaches, leaders, and experts, known as the 'Eternal Optimists', drive lasting behavioural change through tailored approaches that include Leadership Development, Executive Coaching, Data-Driven Diagnostics, Extraordinary Experiences, and Optimistic Talks and Events.

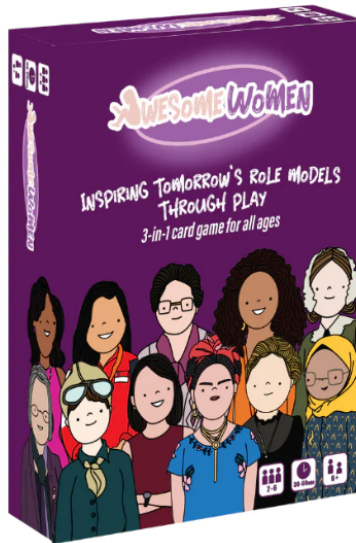
[CONNECT WITH THEM HERE](#)

Become a member of SES

The SES Explorer Series is FREE to members so why not [join our community](#) now (only £65 annual membership)...EVERYONE WELCOME.

SES ADVISORY BOARD NEWS

Dr Jane Goodall and Vanessa O'Brien feature in 2024 Awesome Women Card Game



We are thrilled to announce, just in time for [International Women's Day](#) (Friday 8 March), that two of our Advisory Board members, [Dr Jane Goodall](#) and [Vanessa O'Brien](#), have been chosen as role models to feature in the **Awesome Women card game** for children ages 6+. This fun, interactive card game, for up to 6 players, helps children identify today's role models by matching picture cards with biography cards. By understanding boldness, courage, determination, and the great things real people achieve, this younger generation will learn through play how to achieve great things themselves.

Inspired by *Cards Against Humanity*, each box of playing cards features 40 picture cards and 40 biography cards of awesome women from around the world. There are four women in each of the following 10 categories: Adventurers & Explorers (Vanessa O'Brien is one of these), Activists, Architects, Artists, Doctors & Nurses, Entrepreneurs, Lawyers & Judges, Leaders, Scientists (Dr Jane Goodall is one of these), and Sportswomen.

Each box includes instructions for three different ways to play.

[**ORDER YOUR BOX SET TODAY AND BE INSPIRED!**](#)

SES EXPLORERS - EXPEDITION REPORTS

Bethan John - DEFENSORAS



(Bethan John flying the SES flag on her Defensoras expedition)

On return from their expeditions, each of our Explorer Award winners produces a report detailing their findings. These reports are shared with the relevant people/organisations to further the understanding of the issues at stake. I am delighted to share our most recent [expedition report](#) and [video](#) received from Bethan John, winner of the 2021 SES Explorer Award for Inspirational & Scientific Trailblazing, for her [DEFENSORAS](#) expedition.



(Photo of one of the Defensoras workshops)

LONDON MARATHON

Sunday 21 April 2024

We are delighted to introduce our 2024 London marathon team. Typically familiar with travelling the city astride real horsepower, eight members of the Household Cavalry Mounted Regiment will instead be self-powered for the 26.5-mile challenge. We are hugely grateful for the Regiment's support and the efforts of Ross Butchard, Duncan Chalklin, Charlie Gerrish, Daniel Pacey, Jason Petit, Kate-Lyn Roscoe, Harry Williams, and Vittorio Vettraino.

This will be Duncan Chalklin's second marathon – he ran the Manchester marathon in 2023 and achieved a time of four hours and 34 minutes which he is hoping to exceed this year.

SCpl Chalklin joined the army in 2003 at the age of 16 and has served both sides of the Household Cavalry armoured and ceremonial.



During his time, he has been on operational tours to Afghanistan and Bosnia and has taken part in countless overseas and UK exercises. He has also been involved in state ceremonial events such as the Queen's and King's birthday parades, and the State Opening of Parliament.



When he is not commanding an armoured vehicle or riding on ceremonial duties, Duncan enjoys the gym, spending time with his three boys and family and watching and playing sports. His training is in full swing and going very well, he is on track to hit his goal of four hours. Duncan has gained a lot of experience from the Manchester marathon which he is hoping will give him the edge on race day.

As always, we are hugely grateful to Keith MacIntosh ([Nomadical Coaching](#)) who supports our London marathon runners each year by sharing his immense experience of marathons and long-distance running. If you wish to sponsor the team, please make your donations via [JustGiving](#).

Your support is very much appreciated.

Raleigh International



Raleigh International Launches New UK Expedition

[Raleigh International](#) is excited to announce the launch of its NEW 10-day UK Expedition for 14–15-year-olds. This is an unforgettable adventure designed to build confidence and leadership skills as well as contribute to sustainable development goals. Young adventurers will set sail on board the Prolific for six days, followed by an environmental volunteering project based on the coast.

There are only 14 places available so make sure you get yours!

[EXPEDITION OVERVIEW](#)

INFORMATION FOR MEMBERS

Annual General Meeting

6pm, Wednesday 27 March 2024, The Park Tower Hotel (Knightsbridge)

I look forward to seeing members at this year's Annual General Meeting, which will take place at 6pm on Wednesday 27 March 2024 at [The Park Tower Hotel](#) (Knightsbridge). Here is the [Agenda](#) for the meeting, as well as the [Minutes](#) from the last AGM. As mentioned earlier in this newsletter, the AGM will be followed by a talk from Deon Barrett about his True North project. [BOOK YOUR TICKETS HERE](#)

Keep up to date with all our expedition news and event updates by following us on [social media](#) and [Eventbrite](#).

I hope to meet you soon.

Henrietta Thorpe

CEO