

Record-breaking mountaineer on finding peace at the world's greatest heights

by GOOD MORNING WASHINGTON | Tuesday, April 6th 2021

AA



Vanessa O'Brien (ABC7)



WASHINGTON (ABC7) — After climbing the corporate ladder to great success, Vanessa O'Brien lost it all in the 2008 economic meltdown. It was then she set her sight on new heights, entering the world of mountaineering and trekking to the highest peak on every continent – all while coming to terms with her traumatic past. Vanessa is the first American woman to summit the K2 mountain, which kills one out of every four climbers. She shares her incredible journey in the new book, ["To the Greatest Heights: Facing Danger, Finding Humility, and Climbing a Mountain of Truth."](#)